ASSUMPTION OF RISK, CONSENT, RELEASE AND WAIVER

In consideration of mutual agreements by which I and/or my guests will use the premises of TEAM TUCKER, LLC, which I acknowledge to be beneficial to me, I acknowledge and agree to the following:

I CERTIFY that I am physically fit, have sufficiently prepared or trained for participation in the programs, activities or events offered by TEAM TUCKER, LLC, and have not been advised against participation by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in these programs, activities, or events onsite or offsite of the TEAM TUCKER, LLC premises.

I ACKNOWLEDGE that this ASSUMPTION OF RISK, CONSENT, RELEASE AND WAIVER will be used by TEAM TUCKER, LLC, coaches, all staff and their affiliates, and that it will govern my actions and responsibilities at said programs, activities, or events.

IN CONSIDERATION of my agreement with TEAM TUCKER, LLC, on my own behalf and on behalf of my representatives, my estate, and all persons claiming through me directly or derivatively, I hereby agree to hold harmless, release, and discharge in advance TEAM TUCKER, LLC from any injuries that I may receive whether from the negligent or intentional acts of those persons released. Furthermore, I agree on my own behalf and behalf of my representatives, estate, successors and assigns to defend TEAM TUCKER, LLC from and against any and all claims and liability that may arise by reason of any injury or death I or any guest of mine may sustain from participation in physical activities at the facility of the TEAM TUCKER, LLC, whether caused by an intentional act, or by negligence, or otherwise without limitation. This agreement to defend includes any claim, action or liability whatsoever, regardless of whether the claim is made, without limitation, by me, by someone on my behalf or by someone whose claim is derived from my injury or death. I acknowledge and agree (1) that it is my responsibility to cover any medical bills that I may incur and to cover myself with any medical insurance I may deem appropriate and (2) that I will not and cannot make any claim for medical coverage resulting from any injury or death incurred by me at the facilities of TEAM TUCKER, LLC.

I AGREE that TEAM TUCKER, LLC shall not be liable for any loss or theft of my personal property. I also specifically agree that TEAM TUCKER, LLC shall not be responsible for any such personal or property injuries, damages, loss or theft, even in the event of negligence, fault or failure to use due care on the part of the TEAM TUCKER, LLC, and whether such negligence, fault, or failure to use due care is present at the signing of this Agreement or takes place in the future.

I AGREE to follow TEAM TUCKER, LLC RULES AND REGULATIONS as promulgated from time to time. Violation of these rules may be the cause for suspension or cancellation of any membership or event, without refund.

I CONCENT to TEAM TUCKER, LLC taking photographs or video images of me while in classes or otherwise in the public premises of TEAM TUCKER, LLC and hereby irrevocably grant TEAM TUCKER, LLC the right to use my image or likeness in such images or photographs in any advertising, promotion, marketing materials including any, and all social media, print media, or on the TEAM TUCKER, LLC website.

I ACKNOWLEDGE that TEAM TUCKER, LLC, and coaches, volunteers, representatives,

are not responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific program, activity, or event on behalf of TEAM TUCKER, LLC.

I ACKNOWLEDGE that these programs, activities and events may involve a test of an individual's physical and mental limits and may carry with it the potential for death and serious injury. The risks may include, but are not limited to, those caused by facilities, temperature, condition of participant, equipment, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of events, and lack of hydration.

I ACKNOWLEDGE that TEAM TUCKER, LLC is not responsible for providing proper and/or appropriate equipment, including but not limited to face masks, gloves, groin protectors, headgear, hernia support, braces, wraps, or mouth guard.

I ACKNOWLEDGE that if I decide to partake in any contact sparring or drills in or out of the ring, I do so of my own free will and the coaches/staff of TEAM TUCKER, LLC will not be liable for any injury or damage including death that may incur as a result, including any issues that may arise from negligence or carelessness from the coaches/staff instructing such activities. **I CERTIFY** that if I partake in such activities, I am fully fit and healthy to do so.

PARENT/GUARDIAN WAIVER FOR MINORS UNDER 18 YEARS OF AGE

The undersigned legal guardian does hereby represent that he/she is, in fact, acting in such capacity, has consented to his/her child or ward's participation in the programs, activities or events, and has agreed individually and on behalf of the child to the terms of the ASSUMPTION OF RISK, CONSENT, RELEASE AND WAIVER set forth above. The undersigned legal guardian further agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

I HAVE READ, UNDERSTOOD & AGREE TO THIS DOCUMENT.

I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I AGREE TO THIS OF MY OWN FREE WILL.

Participant Name (print)	Legal Guardian Name (print)	
Required Signature	Date	
Address	City, State, Zip	
Address	City, State, Lip	
Phone Number	Emergency Contact Name & Number	